

Pregnancy safe medications

- URI:
 - Robitussin, Sudafed, Tylenol, Cepacol (or any throat lozenge)
- N&V:
 - First line: vitamin B6 (25 mg TID) and Unisom (12.5 mg QHS) or Diclegis 1 in the AM, 1 in the PM, and 2 at night
 - Second line: Phenergan, Compazine, or Reglan
 - Third line: Zofran
- Heartburn
 - Tums, then famotidine, then omeprazole
- Constipation
 - Miralax, milk of magnesia, Bisacodyl
- Hemorrhoids
 - Anusol suppositories, Hydrocortisone 2.5%
- Insomnia
 - Melatonin, Benadryl or Unisom
- Allergic rhinitis
 - Claritin, Zyrtec, saline nasal rinse, cromolyn sodium nasal spray