

UCSF Midwifery Competency Portfolio *adopted from Kate Woeber, CNM, PhD, Emory University*

STUDENT _____

The following are descriptions of student and preceptor behaviors. **For each skill, indicate the date at which that level of performance is achieved.**

- **1 Basic** (direct guidance): Student performs the task under direct guidance of the preceptor (for >75% of skill/time).
- **2 Novice** (extensive guidance): Student performs the task under extensive guidance of the preceptor (for 50-75% of skill/time).
- **3 Intermediate** (frequent guidance): Student performs the task under frequent guidance of the preceptor (for 25-50% of skill/time).
- **4 Advanced Beginner** (occasional guidance): Student performs the task under occasional guidance of the preceptor (for <25% of skill/time).
- **5 Competent** (safe independent practice): Student performs the task safely and effectively using own judgment without supporting cues.

Instructions: The student completes this self evaluation at the end of every shift.

1. Identify skills performed during the shift.
2. Place the date in the column that describes the level of performance for each.
3. The data will be verified by the preceptor(s) at the end of each quarter.
4. At the end of every quarter, the Competency Portfolio will be uploaded to E-Value for FOR review.
5. The data will be collected cumulatively over the course of the education program via electronic method.

COMPETENCY IN AMBULATORY MIDWIFERY/WHNP CARE (N414.15A, N414.15D)					
COMPETENCY # 1: Midwives provide high quality, culturally sensitive health education and services to all in the community in order to promote healthy family life, planned pregnancies and positive parenting.					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Conducts a reproductive health history					
Provides appropriate preconception counseling using shared decision-making (reproductive planning, general health, medication safety, immunizations)					
Conducts preventative visits using an appropriate testing schedule for women and transgender or gender non-conforming (TGNC) individuals across the lifespan					
Conducts a complete physical examination					
Orders and interprets routine laboratory test results common to reproductive health					

Provides accurate, appropriate health education content related to sexual and reproductive health.					
Provides accurate, appropriate counseling using shared decision-making related to family planning methods and supplies					
Safely performs insertion of IUD and contraceptive implant					
Manages side effects of family planning methods					
Evaluates for variations from normal; initiates care or referrals and/or provides relevant education for prevention and for early identification of complications:					
• Abnormal uterine bleeding					
• Bone health					
• Breast problems					
• Cervical cancer screening					
• Mood disorders					
• Pelvic masses					
• Pelvic pain					
• Personal/Family history indicating genetic counseling					
• Polycystic ovarian disease					
• STIs and vaginitis					
• Vasomotor symptoms					
• Vulvovaginal symptoms					
Consultation with physician					

COMPETENCY IN AMBULATORY MIDWIFERY/WHNP CARE: PREGNANCY (N414.15A, N414.15D, N414.15B, N414.15F)					
COMPETENCY # 2: Midwives provide high quality antenatal care to maximize health during pregnancy and that includes early detection and treatment or referral of selected complications (may include triage patients not admitted)					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Confirms intrauterine pregnancy and accurately determines estimated date of delivery					
Conducts a thorough subjective history (interval)					
Thoroughly reviews health record including labwork and diagnostic tests					
Conducts a complete, general physical examination					
Accurately performs assessment of fetal growth and fetal heart rate					
Determines rupture of membranes (term/preterm)					
Requests and accurately interprets routine lab and diagnostic testing					
Identifies and provides counseling related to common discomforts of pregnancy					
Provides counseling and health education about pregnancy progression and danger signs					
Identifies needs, provides appropriate counseling and referral for social issues impacting health					
Provides guidance about preparation for labor, birth and parenting					
Identification of variations from normal pregnancy; independent or collaborative management of:					
• anemia					
• decreased fetal movement					
• low or inadequate maternal nutrition					
• inadequate or excessive uterine growth					
• gestational diabetes					
• infections impacting pregnancy health					
• health issues related to other body systems: genitourinary, gastrointestinal, neurologic, respiratory, cardiac, endocrine, etc.					
• mental illness					
• vaginal bleeding					
• preterm labor					
• prolonged and post term pregnancy					
• abnormal lie					
• signs and symptoms indicating onset of hypertensive disorders, including pre-eclampsia					

• placental location (eg. previa)					
• intrauterine fetal death					
Safe prescribing of medications					
Consults and/or transfers care for high risk patients to MD as appropriate					

COMPETENCY IN PROVISION OF CARE DURING LABOR AND BIRTH (N414.15B, N414.15F)					
COMPETENCY #3: Midwives provide high quality, culturally sensitive care during labor, conduct a clean and safe birth, and handle selected emergency situations to maximize the health of pregnant individuals and their newborns.					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Conducts a thorough (interval) subjective history					
Thoroughly reviews health record including labwork and diagnostic tests					
Performs a focused physical examination in labor					
• Abdominal assessment for fetal position and descent					
• Assessment of fetal well-being (eg, fetal heart rate assessment)					
• Assessment of timing and effectiveness of uterine contractions					
• Pelvic examination for dilatation, effacement, descent, presenting part, fetal position, status of membranes					
Accurately identifies stage of labor					
Determines appropriate timing of admission to hospital or birth center					
Provides physical and psychological support during labor					
• Nutrition and hydration					
• Non-pharmacologic comfort measures					
• Pharmacologic therapies					
• Bladder care					
Facilitates presence of a support person during labor and birth					
Implements stimulation/augmentation of labor appropriately					
• Non-pharmacologic					
• Pharmacologic					
Skills					
• Induction counseling and shared decision-making					
• Augmentation counseling and shared decision-making					
• Fetal scalp electrode					
• Intrauterine pressure catheter					
• Hand ties					
• Foley bulb placement					
Performs an episiotomy correctly as indicated					
Performs proper hand maneuvers and strategies to prevent lacerations for vertex birth					
Checks for and safely manages a nuchal cord					
Clamps and cuts the umbilical cord using appropriate timing and technique					

Collects cord blood for Coombs and ABG as indicated					
Safely manages delivery of the placenta:					
Support of physiologic management of 3rd stage of labor					
Appropriate implementation of active management of 3rd stage of labor					
Performs thorough inspection of placenta and membranes					
Facilitates mother/infant bonding					
Completes estimation and recording of blood loss					
Inspects perineum, labia, vagina, and cervix for lacerations					
Administers local anesthetics to for repair					
Repairs 1st and 2nd degree perineal, vaginal, and/or labial lacerations					
Prevents, evaluates, and manages labor complications and emergencies within midwifery scope of practice (including consultations and referrals) including but not limited to:					
Fetal distress					
Labor dystocia (1st stage)					
Labor dystocia (2nd stage)					
Managing OP presentation					
Infection, chorioamnionitis					
Postpartum hemorrhage					
Hypertensive disorders of pregnancy					
Shoulder dystocia					
Placenta problems: abruption, previa, retained placenta					
Multiple birth					
Prolapsed cord					
Uterine rupture or inversion					
Diabetes Mellitis/Gestational DM in labor					
Appropriately consults physician for operative vaginal or surgical delivery					
Properly implements mechanisms for consultation, referral, and/or transfer					

COMPETENCY IN PROVISION OF CARE DURING THE POSTPARTUM PERIOD (N414.15A, N414.15D, N414.15B, N414.15F)					
COMPETENCY # 4: Midwives provide comprehensive, high quality, culturally sensitive postpartum care.					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Reviews delivery record and prenatal record for relevant data					
Reviews relevant labwork and diagnostic testing					
Takes a selective postpartum history, including but not limited to:					
• Processing of birth and psychologic adjustment to parenting					
• Breastfeeding success or other infant feeding					
• Lochia amount					
• Bladder and bowel functioning					
• Adequacy of pain management, overall comfort					
Performs a focused physical examination of mother, including but not limited to:					
• Normalcy of vital signs					
• Assessment of uterine involution and lochia					
• Healing of lacerations and/or repairs					
• Edema and pain in extremities					
• Breast changes and nipple integrity					
• Indicators of bonding and attachment to baby					
Evaluates and manages postpartum complications within midwifery scope of practice, including but not limited to:					
• Postpartum hemorrhage					
• Anemia					
• Endometritis					
• Breastfeeding challenges: inadequate supply, improper latch, nipple pain, mastitis, plugged duct, etc.					
• Poor healing of incision, laceration, or episiotomy					
• Hypertensive disorders of pregnancy					
• Gestational diabetes					
• Postpartum mood disorders: depression, psychosis, PTSD					
• Thrombophlebitis					
• Pre-existing or other medical/surgical complications					
Provides education and support related to breastfeeding, pumping or expression of milk, and milk storage					
Teaches postpartum maternal self-assessment and self-care					

Provides counseling, shared decision-making and access to family planning services/methods					
Identifies needs, provides appropriate counseling and referral for social issues impacting health.					
Provide support for healthy cultural approaches to postpartum recovery and adjustment					

COMPETENCY IN POSTNATAL CARE OF THE NEWBORN (N414.15B, N414.15F)					
COMPETENCY# 5: Midwives provide high quality, comprehensive care for the essentially healthy infant from birth to one month of age.					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Ensures presence of adequate personnel at delivery, with consideration of risk factors such as prematurity, meconium, tachycardia, anomalies, etc.					
Provides immediate care to the newborn: warmth and drying, support for transition, cord clamping and cutting					
Assesses the immediate condition of newborn including Apgar scoring					
Initiates neonatal resuscitation as indicated					
Facilitates early breastfeeding					
Performs a complete screening physical examination					
Differentiates common variations of normal from conditions requiring consultation and/or referral, and ensures the proper level of care					
Accurately assesses gestational age (Ballard)					
Initiates, demonstrates, and/or has knowledge of routine care of the newborn, including but not limited to:					
• Eye care					
• Medication and immunizations					
• Screening tests					
• Feeding and growth monitoring					
Educates parents regarding normal feeding cues, habits, growth and development					
Identifies newborn danger signs, and educates parents regarding same (including but not limited to):					
• breathing difficulties or choking					
• hypoglycemia					
• jaundice					
• infection					
• attachment issues					
Provides accurate counseling and shared decision-making regarding circumcision					
Determines need and facilitates access to community resources					
Supports healthy cultural practices related to newborn care and parenting					

COMPETENCY IN MIDWIFERY/WHNP CARE: ABORTION- AND LOSS- RELATED CARE (N414.15A, N414.15D, N414.15B, N414.15F)					
COMPETENCY #6: Midwives provide a range of individualized, culturally sensitive abortion-related care services for individuals requiring or experiencing pregnancy termination or loss that are congruent with applicable laws and regulations and in accord with national protocols.					
Basic Skills and Abilities	1 Basic	2 Novice	3 Intermediate	4 Advanced Beginner	5 Competent
Demonstrates awareness of policies, protocols, laws, and regulations related to abortion-related services					
Assesses gestational age of fetus/pregnancy gestation					
Differentiates between types of unplanned abortion, based on assessment data					
Conducts clinical and social history to identify appropriate plan of care, i.e., expectant management, or medication or aspiration abortion					
Demonstrates application of medical eligibility criteria for all available abortion methods					
Provides counseling about available services related to abortion decision-making					
Supports parents during grieving process for pregnancy loss, stillbirth, congenital birth defects, or neonatal death					
Provides counseling regarding sexuality and family planning post-abortion					
Provides family planning services concurrent with abortion services					
Assesses for normal uterine involution and overall recovery					
Identification of indicators of abortion-related complications; initiates emergency management and referral resources					
Provides education related to self-care and identification of complications					

Verification of Student Progress Toward Clinical Competency

Signatures below verify that the student has achieved the level of competence indicated by the dates charted. Students and preceptors should sign below at the end of the quarter. The student will upload quarterly to E-Value, per instructions. SON faculty will review this form. Expected levels of performance are below, but will be contextualized by student's exposure.

Expectations:

IP Q1 Basic-Intermediate
IP Q2 Novice-Intermediate
IP Q3 Intermediate- Adv Beginner
IP Q4 Adv Beginner-Competent

AMB Q1 Basic-Novice
AMB Q2 Novice-Intermediate
AMB Q3 Novice-Intermediate
AMB Q4 Intermediate- Adv Beginner
AMB Q5 Adv Beginner-Competent

Student please rate the following:	Strongly disagree	Somewhat disagree	Undecided	Somewhat agree	Strongly agree
My learning is where it needs to be right now.	1	2	3	4	5
I have a clear path to meet my goals for next semester.	1	2	3	4	5

List 2-3 things that are going well for the student's learning right now (student words).

Preceptor Signature/Date

Student Signature/Date

Faculty of Record/Date